

```

*---A macro to present a flashing message in the panel area
*---Use the /Range Name Label Right {End} {Down} <ENTER> to define the
    range names in this column (starts with the \Z macro name)
*---Hold the <MACRO> key and press <Z> to activate the macro
*---Type your message right to the cell MESSAGE
!
!
!
!
\Z          {BREAKON}
MESSAGE    {BREAKON}
loop023    {WINDOWSOFF}{PANELOFF}{MESSAGE023}{PANELON}
!          {EDIT}{WAIT @NOW+@TIME(0,0,1)}{ESC}{LOOK KEY023}~
!          {IF KEY023=""}{WAIT @NOW+@TIME(0,0,1)}{BRANCH loop023}
!          {GET KEY023}~
!
!
MESSAGE023This is our message .... Press any key to Quit
!
KEY023     D

```